



PSS: Supporting My Child with Dyslexia

These leaflets have been created to offer suggestions for support to parents and carers during the COVID-19 crisis. Spending time at home- and home-schooling children in these difficult times can be challenging for everyone, particularly if your child has a Specific Learning Difficulty.

Key Principles

Routine- is important for learners with dyslexia. Create a timetable for the day. You may want to use pictures.

Don't put too much pressure on yourself or your child. How much you can support will depend upon other responsibilities that you may have. Therefore consider:

Quality over quantity. Lots of experiences throughout the day may not move your child's learning on. Instead aim to complete a couple of quality tasks each day.

It doesn't have to just be about reading and spelling. Take the opportunity to plan in a variety of activities for your child. Exercise, life skills, board games, creative activities and online socialising with family and friends are equally important and provide opportunities to learn and ensure well-being.

What works best for learners with dyslexia?

Multi-sensory Learning



This way of learning makes links between the visual (**see**), auditory (**hear**), kinaesthetic (**movement**) and tactile (**touch/feel**) senses. A link involves using at least two of the senses at any one time. It gives learners a way to do, play, act and discover and will help your child to make meaningful links.

Visual Learning Techniques:

- Pictures
- Mind maps
- Posters
- Charts and diagrams
- Symbols
- Videos
- Posi-it notes



Auditory Learning Techniques:

- Recording ideas
- Saying ideas to someone else
- Discussion
- Music, raps and rhymes
- Clapping rhythms
- Audio books
- Clips from videos/DVDs



overlearning provides a good opportunity to utilise a range of materials and a variety of techniques. There are a considerable number of games and 'fun type' activities available that can help to vary the learning experiences and promote automaticity (see further resources and websites).

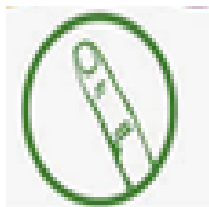
Further resources to support learners with dyslexia from PSS:

- SOS Spelling leaflet
- Paired Reading leaflet
- Top Tips for Parents and Carers



Kinaesthetic/Tactile Learning Techniques:

- Hands on/practical/creative activities
- Create pictures/diagrams/flow charts/mind maps
- Experiments
- Note-taking
- Making models
- Movement and dance



Overlearning and bitesize chunks: Children with dyslexia often require additional time to develop automaticity in any skill, but particularly in literacy. Automaticity can be acquired through overlearning and breaking learning into small bite-sized chunks. It is important that this is not seen as rote repetition of the material to be learned, but make sure that

Websites and Online Resources:

www.bdadyslexia.org.uk

www.barringtonstoke.co.uk/books/homeschooling-help-for-lockdown/

www.nessy.com/uk/

www.dysguise.com/free-resources/

www.drgavinreid.com/free-downloads/

www.bbc.co.uk/teach/skillswise/english/zig4scw

www.funbrain.com/

www.readingrockets.org/article/top-10-resources-dyslexia

www.rnib.org.uk/books

www.bbc.co.uk/bitesize

www.sirlinkalot.org/

www.crayola.com/education

www.enchantedlearning.com/

www.spellzone.com/