



Ptosis

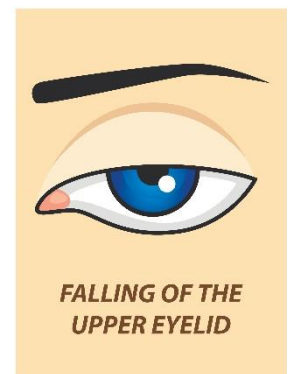
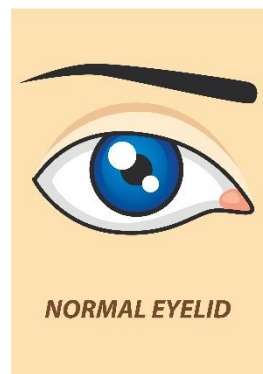
What is Ptosis?

Ptosis is the medical name for the drooping of the upper eyelid, which can happen in one or both eyes.

How does this effect the way the child sees?

If the child has ptosis, causing a low drooping upper lid/s, it can interfere with their vision by affecting the top part of your visual field. The child may have difficulty keeping their eyelids open and experience eye strain or eyebrow ache (from increased effort needed to raise their eyelids), fatigue, especially when reading, difficulty blinking, dry eyes or watery eyes.

In some severe cases it can cause Amblyopia. Please refer to the Amblyopia leaflet for more on this condition and its affects.



What can be done to help?

- If the child struggles to copy off the whiteboard (ie complains of neckache or produces poor quality work) give the child their own desk-copy version of the work via either printing on paper, scribed on small whiteboard, iPad photo-shot etc.
- If the child is prescribed glasses, ensure that they wear them as prescribed.
- If a younger child, where they are normally sat on the carpet for certain teaching activities, allow the child to sit on a chair so that they are not tilting their head excessively, when they are trying to get the image within their lower visual fields that are not affected.

How can parents, family, friends and teachers make a difference?

- Ensure the child attends all Ophthalmology and optician appointments, to ensure the level of the droop is monitored and any negative effects, such as fatigue, neckache etc are addressed.
- If eye drops are prescribed (for dry or fatigued eyes), administer them as recommended, which may also require support within the school day.

Please note the font used in this information leaflet is called Verdana and is used because it is one of the most visually friendly fonts for people with vision difficulties and is also Dyslexia friendly too.

Further information for support for children and young people with vision loss can be found on the Birmingham Local Offer website:

[Sensory Support Vision - Local Offer Birmingham](#)

November 2023