



Transition Targets for young people with vision loss aged 14+

	Target	Progress
1	I can articulate my vision loss, explain it in simple terms (e.g. my vision loss is moderate, I need font size 20 in order to read comfortably and I need to be 6 times closer than average sight in order to see distance objects.)	
2	Explain how you manage your sensory loss, in simple terms (not, “I need...”, but “I use...” – e.g., “I use standard inbuilt windows screen magnifiers on a PC and the zoom functions on my iPhone for photo’ing and enlarging display or whiteboard text. I have a monocular if I need to see distance objects.”)	
3	Bookmark the Birmingham Careers Website on your phone and learn to navigate it. Visit as many college, apprenticeship and job fairs as you can. These are an opportunity for you to explore your options and practice discussing with potential employers your sensory loss and which opportunities are realistic for you. Also, use these informal chats to practice selling the skills you have learned resulting from your sensory loss (e.g. IT prowess, touch typing, etc.) – which is great interview practice!	
4	Declare your vision loss when applying to college, speak to the subject tutor to ensure that the course is suitable for you and get in writing before accepting a place the support you will receive when there.	
5	Bookmark and sign up to receive information from charities that provide employment advice and support such as: NDCS Employment Service - BID Services Jobs at Scope Disability charity Scope UK Also, get work experience – paid is great but	

	volunteering is also a good opportunity to learn how to operate within an organisation – and it looks great on your CV.	
6	Explain what accommodations a company might put in place, e.g. “original documents or links emailed to me rather than printed so if the print is smaller than I can comfortably read, I can adjust it to my preferences. In training sessions, as long as I sit close to any screen display in meetings, I can see so long as the writing is large, neat and well contrasted to its background – or have session material emailed to me in advance so I can adjust it to be readable / or ensuring the board content is explained (as for radio) if I cannot see it. When I first start work in a new place, an orientation around my work buildings and areas will be helpful to me as I may not be able to see directions on wall signs.”	
7	Have a plan ready to make arrangements to learn your route to college/work, i.e. find out which buses you will need to take and at what time. Seek support from the Habilitation Team or Guide Dogs Mobility Training if you need help with this. NB Access to Work is unlikely to help with this.	
8	Find out about what benefits you are entitled to and how to access them. PIP Disability charity Scope UK	
9	Find out about how Access to Work can support you. Access to Work: get support if you have a disability or health condition: What Access to Work is - GOV.UK (www.gov.uk)	
10	Ensure you have put plans in place to move to Adult Ophthalmology Services if you currently go to Birmingham Children’s Hospital for your eye appointments.	