


















Young Person’s Top Tips for Transition to Post 16

Moving on to College or Sixth form can be exciting and frightening, here are some tips to help you get organised for making that step

<p>Tips for moving on to Sixth form or College</p>	<p>Some of these things may help you to transition to college or Sixth form</p>	
<p>Look on the college or sixth form website for information and attend open days.</p> <p>Links to their websites can be found here:</p> <p>Marketplace – Birmingham Careers Service</p>		
<p>Tell a key member of staff when applying and enrolling that you have a diagnosis of vision loss so that they can help prepare appropriate access arrangements for you.</p>		
<p>When visiting ask for an accessible map of your new setting to be emailed to you, this will help you know where your lessons are and find your way around</p>		
<p>Make a list of questions you would like to find out about your college or Sixth Form</p>		

<p>Ask what support is available to you: in lessons if you need it</p> <p>What equipment will you need</p> <p>Mentoring support (a place or person you can go to if you need some advice)</p> <p><i>Think about the support you had at school, would it be helpful for you to have this support at college?</i></p>		
<p>Ask if there is a lead member of staff who is there to support vision impaired students?</p>		
<p>Ask for your timetable so that you know what time you have to be in college or Sixth form and when you have study time.</p> <p><i>Usually a college timetable is different to a school timetable, start and finish times will be different, you may not have to go to college every day.</i></p>		
<p>Take photos or have electronic versions of any handouts when you are on a visit to ensure you can access the information and ask for help if you need it.</p>		
<p>Ask if you can visit the college or Sixth Form again before you start. Or go along for extra visits</p>		

<p>Find out if you will need any special equipment or books for the course you are going to be doing and are they suitable or can they be adapted to support your vision access</p>		
<p>Ask about technology or online links you can use to help you prepare for your college or Sixth form. You may need to ask Student Support Services.</p>		
<p>Find out about clubs you may be able to join eg. Football club, chess club, social club if you are interested</p>		
<p>Ask what do students do at college when they are not in lessons.</p> <p>Ask where do they go? <i>This could be a common room, where lots of people go and play games, listen to music, watch TV.</i></p> <p><i>Some colleges let you go out of college in your break/free time e.g. you can go to the shop.</i></p> <p>Ask if there is a quieter alternative place to go, if you would prefer this.</p>		
<p>Plan and practice your journey if you need to travel by yourself, then you will know how long it takes and what time you will need to leave home each morning.</p> <p><i>Will you need mobility training to learn a new route?</i></p>		

<p>Ask about rules and regulations for the college or Sixth form so you know what you can and can't do. They may have rules about what to wear – if you need sunglasses or a cap to protect from glare, you can get an exemption to wear these.</p>		
<p>Make sure you relax and have time for yourself as this is important too!</p>		

Good luck with your transition and success for the future.