

## SEND Occupational Therapy Team Newsletter

Spring Term 1

**FREE FOR EARLY YEARS  
SETTINGS STAFF**

### WHAT'S HAPPENING

#### Fun with Food Training:

This in person training is in collaboration with Speech and Language Therapists to discuss all things feeding.

**Wednesday 5<sup>th</sup> February 2025  
09.00 – 12.00**

#### Sensory Circuit Training:

This in person training for half a day supports you with how to run and implement a sensory circuit at your setting

**Wednesday 8<sup>th</sup> January 2025  
09.00 – 11.45**

#### Fun with Food Group:

4-week group where a staff member is supported in your setting to set up and engage children in food play

**Introduction Online Session:  
Monday 13<sup>th</sup> January 10.30 – 11.30  
Or  
Tuesday 14<sup>th</sup> January 13.00 – 14.00**

### DON'T FORGET

#### Stay and Plays:

Invite us, we can answer questions from parents and provide advice and signposting. Send invite to email below.

#### SENCo Advice Meetings:

Book a 30-minute virtual advice meeting with an Occupational Therapist if you would like some advice on how to support a child or a collective need in your setting.

#### Virtual Webinars

**All training is 10.00 – 11.00**

We have a selection of online training webinars with topics on how sensory and motor skills impact daily activities.

To book: please scan our QR code for specific topics and dates for staff to attend.



**To book or enquire about attending our FREE training  
please contact: [bchc.sendtherapy@nhs.net](mailto:bchc.sendtherapy@nhs.net)**



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BCHC Children's Occupational Therapy



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### PARENT OFFER FREE FOR FAMILIES/ CARERS

#### Sensory Circuits at Home (online):

**Wednesday 29<sup>th</sup> January 13.00 - 14.00**

This online webinar explains the benefits of using a sensory circuit and how to implement at home to support with regulation.  
Book via Eventbrite using the QR code



**Coming Soon: Face to Face Parent Sensory Circuits at Home**

#### Webinars:

COMING SOON: We are updating our free webinars that you can access on the Birmingham local offer website. We will be covering lots of different topics including dressing skills, sleep, P.E, sensory and many more!



#### Occupational Therapy Advice Line

Parents, professionals and educational staff can contact the OT advice line to gain advice and signposting on a child's need.

Monday- Friday, 09:00- 16:00.  
**0121 683 2325**

Interpreting Advice Line information is found on our website via the QR code.



#### Occupational Therapy Advice Packs

A variety of advice packs (self-care, school skills, sensory) are available on the Occupational Therapy website.



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