

# SEND Occupational Therapy Newsletter

Spring Term 1

**FREE FOR MAINSTREAM  
PRIMARY SCHOOLS**

## WHAT'S HAPPENING

### Sensory Circuit Training:

Learn how to run and implement a sensory circuit at your school. This training is half a day face to face

**Wednesday 15<sup>th</sup> January 2025**  
**09.00 – 12.00**

### Virtual Training:

**All Training is 2 - 3pm**

We have a selection of online training webinars with topics on how sensory and motor skills impact on daily activities:



**To book on:** Please scan our QR code for specific topics and dates for staff to attend.

### Fun With Food Group

4-week group for **Reception classes**, where a staff member is supported in your setting to set up and engage children in food play.

**Introduction online session:**  
**Monday 15<sup>th</sup> January 10.30 – 11.30**  
**Or**  
**Tuesday 16<sup>th</sup> January 13.00 – 14.00**



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BCHC Children's Occupational Therapy



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## DON'T FORGET

### Coffee Mornings:

Invite us, we can answer questions from parents and provide advice and signposting. Invite to email below.

### SENCo Advice Meetings

Book a 30-minute virtual advice meeting with an Occupational Therapist if you would like some advice on how to support a child or a collective need in your setting.

### FunMoves:

This is a new gross motor assessment that can be completed as a whole class approach for early identification of gross motor and coordination difficulties. If you would like to be added onto our waiting list please contact us.

### Ready, Steady, Reception Group:

Learn how to run an intervention group for children of **Reception class**. Skills addressed include communication & interaction, pre-writing skills, toileting, dressing and mealtimes.

**Introduction Session:**  
**Wednesday 15<sup>th</sup> January 10.00 – 11.00**  
**Or**  
**Thursday 16<sup>th</sup> January 13.30 – 14.30**

### OT Champions:

This project supports a staff member to run a group in school. Topics include: self-care, fine motor skills, handwriting, gross motor skills, core stability.

**To book or enquire about attending our FREE training please contact:**

[bchc.sendtherapy@nhs.net](mailto:bchc.sendtherapy@nhs.net)

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### FREE FOR FAMILIES/ CARERS

#### Sensory Circuits at Home:

This online webinar explains the benefits of using a sensory circuit and how to implement at home to support with regulation.  
Book via Eventbrite

Wednesday 29<sup>th</sup> January 13.00 – 14.00

Coming Soon: Face to Face Parent Sensory Circuits at Home



#### SEND Occupational Therapy Webpage:

We are developing our website on Birmingham's LOCAL OFFER, this will allow you access to our OT newsletter, FREE advice videos on different topics including dressing skills, sleep, P.E, sensory and many more!

#### Occupational Therapy Advice Line

Parents, professionals and educational staff can contact the OT advice line to gain advice and signposting on a child's need.

Monday- Friday, 09:00- 16:00.  
**0121 683 2325**

Interpreting Advice Line information is found on our website via the QR code.



#### Community Paediatric Occupational Therapy Webpage:

A variety of advice packs (self-care, school skills, sensory) are available on the Occupational Therapy website.



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